



Have You or a Loved One Been Diagnosed with an LMNA Gene Mutation?

LMNAcardiac.org is a global, patient-led network created to support individuals and families affected by LMNA-related heart disease.

What is LMNA?

The LMNA gene makes proteins called lamin A and C, which help give structure to the nucleus of our cells. Certain changes in LMNA can cause heart problems such as:

- Arrhythmias (abnormal heart rhythms)
- Dilated cardiomyopathy (DCM)
- Conduction disease requiring pacemakers or defibrillators
- Risk of sudden cardiac arrest

Some people also experience skeletal muscle weakness or other symptoms.

Join Our Supportive Community

LMNAcardiac.org connects patients, families, and clinicians from around the world. Whether you're newly diagnosed or have lived with this condition for years, you're welcome here.

What We Offer:

- Easy-to-understand information about LMNA mutations and cardiac risk
- Information about clinical trials and research updates
- Connection to other patients and families through events and online community
- Patient-led advocacy and fundraising efforts
- Support for sharing your story and raising awareness

Visit Us at:

 www.lmnacardiac.org

 Sign up to receive updates, news, and resources.

 Need support or have questions? We're here to help.

LMNAcardiac.org is a nonprofit patient network focused on supporting the LMNA heart community. We work with leading researchers and institutions to improve lives through education, connection, and science.